#### **ACTIVITIES**



# **ZIP LINING/HIGH ROPES COURSE**

This Adventure through the tree tops is sure to get your heart racing. The trek involves a number of 500 foot long zip lines joined by a network of tree top obstacles.



#### RIVER TUBING / STEPPING STONES

Experience the Thrills, serious fun and adventure on the rushing rapids on the river Awbeg. Stepping stones is our own take on TOTAL WIPEOUTS "the big red balls"



#### GIANT SWING / LEAP OF FAITH

The ultimate adrenaline rush, not for the faint hearted. Both are Freefall activities from over 50foot where freefall, max and Zero Gravity are experienced.



### ARCHERY / AIR SOFT / LASER CLAY

Go through the exhilaration of hitting the bulls eye or clay for the very first time. Participants get ample practice before competitive shoot out with their peers.



## RIVER KAYAKING

Explore the Blackwater Valley by kayak and experience the pristine natural environment whilst having fun and passing sites of Historical interest.



# WALL CLIMBING / ABSEILING

What goes up must come down. Climbing and Abseiling on our 50 foot tower is an exhilarating experience with routes for differing levels of ability.



#### ZORBING

Strapped inside an inflatable sphere which acts as a shock absorber, hold on for the adrenaline rush as you are launched head over heels down a 200ft, incline.



## TEAM BUILDING / ESTATE HISTORY TOUR

Participate in activities that are Fun, Challenging, Developmental and interactive. Also learn about the fascinating and significant history of the Castle Estate.



# WILDERNESS SURVIVAL SKILLS

Learn to survive in the wilderness including; collection and purification of water, fire lighting, shelter building, foraging for wild foods and navigation.



#### ORIENTEERING / HIKING / CAVING

In the picturesque and historic setting of Blackwater Castle estate, explore the Natural environment whilst you navigate from point to point in a diverse terrain.

# **HOW TO FIND US**



Castletownroche is approx half way between Fermoy and Mallow on the N72, the Castle estate is in the village, from the main road take the turn at the Rock Forest Bar, the entrance to the castle estate is 300yards on the left.

### **ENQUIRIES & BOOKINGS**

Due to the volume and differing nature of enquiries and because prices can vary depending on numbers and activities we would prefer if all correspondence relating to enquiries and booking can be conducted via email for our record.

Enquiries and Bookings by email please to; brian@blackwateroutdooractivities.com

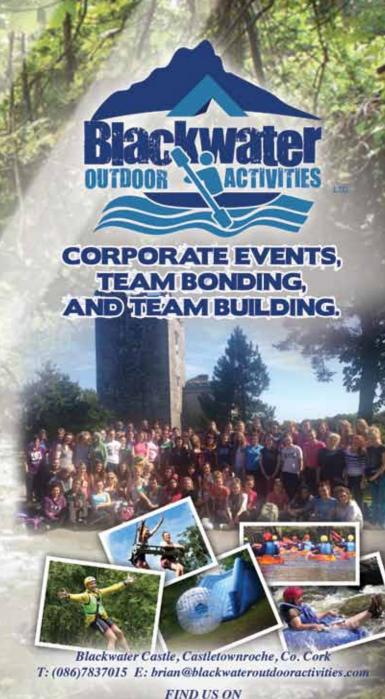
Please include your contact details, numbers, date, package description and we would be happy to provide you with our keenest proposal by return.

Should you wish you can also contact us directly on (086) 7837015

Please note we only open when we have a group booking and we take only one booking at a time, therefore all bookings are exclusively at the Castle Estate for the duration of their event.

Comments made by visitors on Trip advisor: "Excellent", "Great fun", "We will be back", "FunFunFun" "Highly recommended", "An exhilarating experience in Fabulous surroundings", A fantastic team building experience for Transition year", Accommodating staff", "top class setup", not to be missed", what a location"

Fermoy Print & Design 025-31355



tripadvisor

www.blackwateroutdooractivities.com

You Tube

#### **ABOUT US**

BLACKWATER OUTDOOR ACTIVITIES LTD is and established Outdoor Activities centre, based in the picturesque and historic Blackwater Castle Estate in Castletownroche, North Cork.

Our Primary activities on site include; ZIP LINING, HIGH ROPES COURSE, ZORBING, RIVER TUBING, ARCHERY, GIANT SWING, LEAP OF FAITH, AIR SOFT, RIVER KAYAKING, LAZER CLAY SHOOTING, TEAMBUILDING, WILDERNESS SURVIVAL SKILLS, CAMPING, WALL CLIMBING, ABSEILING, HISTORY TOUR.

We are confident that we deliver a superior quality service which meet and exceed our customers' expectations, particularly in the following areas;

- Exclusive location, surroundings and pristine Natural environment.
- Quality, Variance, mix and duration of our Outdoor Activities.
- High Staff/participation ratio = 1:6 with professional mature staff.
- All Activities are based on site in a Private & safe environment.
- Attention to Health, safety and welfare.
- Quality of Equipment and facilities.
- Quality of Experience and Value for money.

Our programmes are interactive, fun, challenging, and developmental with increased awareness of the Natural Environment and History.

More details including photos, videos and reviews can be found on our website

### **CORPORATE EVENTS**

With the facilities & Natural Environment at Blackwater Castle Estate, ability to cater for very large groups and with a wide variance of activities to suit all needs including Accommodation and dining facilities all on site, Blackwater Outdoor Activities Ltd have the perfect private and exclusive setting to host your Corporate Event.

We pride ourselves on our ability and proven track record in delivering any schedule to suit any group's needs. The possibilities are endless. Organisers of Corporate Events are invited to tailor make their own schedule from our Activity list, food and Accommodation options available on site.

## **TEAM BONDING**

Team bonding is an important factor for schools, sports teams and other nonprofit organizations to encourage team members to spend time together in a relaxed and enjoyable atmosphere in order to develop as a team.

Our programmes are aimed at increasing individual and group's spirit, respect and morale. Schedules at Blackwater Outdoor Activities are also guaranteed to be full of Action, Adrenaline and Adventure.

Events can be themed such as a company "Olympic challenge" where a point scoring system can be applied to the participation in a series of activities similar to a Decathlon. Events can be tests of logic, agility, mental, physical etc. This type of event is highly enjoyable and entertaining.

### **TEAM BUILDING**

Team building is an important factor in any business environment, its focus is to bring out the best in a team to ensure development, positive communication, leadership skills and the ability to work closely together as a team.

Blackwater Outdoor Activities operate many types of team building activities All of which have some level of teamwork, competition and educational element.

#### Social activities

Activities which encourage team members to spend time together in order to develop as a team.

## Communication exercise

Activities which highlight the importance of good communication and/or potential problems with communication.

# Problem-solving/decision-making exercise

Activities which focus specifically on groups working together to solve difficult problems or make complex decisions.

# Planning / adaptability exercise

Activities which focus on aspects of planning and being adaptable to change.

# **Trust exercise**

Activities which engage team members in a way that will induce trust between them.

www.blackwateroutdooractivities.com